

## Understanding People - Chapter 9 - Repentance

1. The “conscious mind” deals with that part of man which makes conscious evaluations including moral judgments - the outward behavior of man. The “unconscious mind” deals with the reservoir of basic assumptions which people firmly and emotionally hold about how to meet their needs - images and beliefs. The “heart” deals with man's inner drive of who is he going to serve - himself or God. Only God can change the heart. The Biblical counselor strives to change outward behavior through the conscious mind. He also strives to change the “unconscious mind” through the “conscious mind” - How can that be done? (pp 145, 146). What three instruments are used in this process?

2. How do relational strategies develop from relational pain? (146-148).

3. Repentance is the key to change. The Biblical Counsellor uses the “Conscious mind” to prod the counselee toward repentance. Describe repentance in your own words. (pp. 149-152)  
What is it?

How is it produced?

What are its results?.

4. What do the following verses say about repentance?

Luke 13:1-5

Luke 24:47; Acts 2:38; 3:19

Acts 17:30

2 Peter 3:9

2 Corinthians 7:9,10

Matthew 3:8

5. Read the handout article on repentance