

Understanding People - Chapter 7 - People are Personal
Questions to enhance your reading of the chapter

- 1) Why are humans hesitant to be honestly introspective? Why is that also true of Christians?
- 2) What can cause introspection to become detrimental to spiritual health?
- 3) How is thirst and hunger used as metaphors for spiritual longing?
- 4) What does Crabb see as the proper purpose of “self-exploration” and what is its relationship to the proper purpose of Biblical Counseling?
- 5) What is the “innermost being” - κολια / kolia in John 7:37-38, Romans 16:18, etc.?
- 6) What does Crabb see as the core problem in the human personality?
- 7) What do all false routes to joy have in common?
- 8) Since God is relational and made in His image, man is also relational. How does man seek to properly and improperly fulfill the desire for relationships? What are the result of each?
- 9) What is Crabb talking about in speaking about a longing for “impact”?
- 10) What are drawings of personal circles meant to illustrate?
- 11) What are the differences between casual, critical and crucial longings?