

Understanding People - Introduction

1. Philosophy

A. God is the creator.

(Romans 11:36; Colossians 1:15-18; Ecclesiastes 12; Matthew 16:25)

B. The Bible is God's revelation of His design for man and it is sufficient

(2 Timothy 3:16-17; 2 Peter 1:2-11).

C. My mind, heart and flesh are sinful

(Jeremiah 17:9; Proverbs 14:12; Matt. 7:13-14). (John 6:63; 1 Cor. 2:10-13; Eph. 4:11-16).

2. Purposes - Galatians 6:1-4

A. To train leaders

(2 Timothy 2:2 cf. 1 Timothy 1:18) (Proverbs 1:2-6).

B. To help each of us draw closer to God as we see our own sinfulness

(Psalm 51; James 4:8-10).

C. To promote the true Fellowship

(1 Thessalonians 5:14 - all the "one another" verses)

Questions from Preface and Introduction

1. Why has that become a difficult question to determine what constitutes Biblical Counseling?

2. What is the relationship between Biblical Study & "psychology."

3. What about self-esteem?

"Self lovers" =

"Stiff Exegetes" =

4. Are people really "mentally ill?"

5. What is Crabb's desire in writing the book (pages 11-15)?

Drive us back to the _____ to seek answers to urgent questions (pg 12)

Avoid the factions (see Guidelines on pg 14 -15)

**Articulate our positions carefully and non-defensively*

**Maintain a willing openness to changing positions*

**Self-consciously labor to walk the tightrope of open conviction*

Provide a _____ for thinking about counseling and discipleship (pg 16)

6. What is the major obstacle to marriage relationships? (page 18)

7. How do Psychologists add to problems (page 18)

They _____ sin so people - often in order to excuse it

"They offer solutions to people's problems that do not require the atoning work of Christ"

8. How do Theologians add to problems? (page 19)

They increase points of debate _____ giving Biblical principles to live by.

"Biblically documented truth has somehow been short of its relevance. Passionless orthodoxy has spawned a generation of rigid Christian leaders who simply cannot relate to people."

There is a wrong division between the academic and the practical (page 20)

9. What is Crabb's foundation and what are his three assumptions? (Page 21)

Foundation: Jesus Christ is the Way, Truth & Life without being shallow & that psychological disorder is really the product of the sinful pursuit of life apart from God.

Assumptions - pg 21 (Read from book as written - below is just a summary)

1) The Bible is sufficient _____

2) Relationship with Christ provides the resources _____

3) The community of God's people is the context _____