

PARENT TYPE/CHARACTERIZATION CHECKLIST

- A. Check the parent types that characterize your parenting style. Ask a close friend or older child for their evaluation.
- B. How do the parent types that you checked affect your child in the developmental areas mentioned?
- C. What practical goals are you going to make in order to overcome these areas?
1. Authoritarian (control, without guidance)
 - ☐ "You will do it or else" motivation for right behavior
 - ☐ No moral reason given behind behavior
 - RESULT: Child conforms to virtuous acts out of fear of reproof
 2. Permissive (guidance without sufficient controls)
 - ☐ No restrictions, child explores environment unrestrained
 - ☐ No boundaries, child allowed to do what he wants
 - RESULT: Child is addicted to the provider of his whims, no self-discipline
 3. Child-Centered
 - ☐ Child is the priority over God
 - ☐ Child is a friend and equal peer, tells parent what to do
 - ☐ Child is put on stage to act out and show off to others
 - RESULT: Child is addicted to being the center and equal authority in the family
 4. Overindulgent/Excuse
 - ☐ Makes excuses for child's sinful behavior.
 - ☐ Makes general excuses for child's shyness, not talking, etc.
 - ☐ Makes manipulative excuses, i.e., defends and redefines behavior
 - RESULT: Child is addicted to protector of his actions
 5. Domineering/Manipulating
 - ☐ Conditional love used to manipulate the child
 - ☐ Excessive demands placed on the child to meet the parent's expectations
 - RESULT: Wants to meet all expectations for fear of rejection
 6. Manipulating
 - ☐ Uses direct guilt statements ("You should have done better")
 - ☐ Uses conditional guilt statements ("I would like you if...")
 - RESULT: Prohibitive Conscience controlled by false guilt and insecurity
 7. Martyr
 - ☐ Works off guilt of how much the parent has sacrificed
 - RESULT: Parents make you feel guilty
 8. Threatening/Repeating
 - ☐ Coaxes, threatens, bargains, pretends to punish with little or no action taken
 - RESULT: Child is trained in delayed obedience
 9. Bribing
 - ☐ Child's outward behavior manipulated through bribes; makes deals for good behavior
 - RESULT: No inward motivation to do right, dependent on bribes
 10. Overprotective (shows compassion at expense of tolerating evil)
 - ☐ Protects child from natural consequences and reality.
 - ☐ Child is in an over-sheltered and manipulated environment void of consequences and conflict
 - RESULT: Child lives in unreality with society and consequences